

**975 Sandy Lane**  
**Warwick, RI 02889**  
**(401) 738-2000 x6809**  
**Email: [warwick-rec@warwickri.com](mailto:warwick-rec@warwickri.com)**

Fall, Winter, Spring 2010 - 2011



All sessions cost \$5.00 for age 18 years and older, \$3.00 for age 5 through 17 and under 5 years is free. Pass holders are admitted free to these sessions. Seniors (60 and over) daily admission without a pass is \$5.00. Seniors in the three day a week exercise class will be required to pay \$3.00 per day if they do not hold a pass. \*\*Adult Swim - 5:30 AM - 2:00 PM (Monday - Friday) November 15, 2010 - February 18, 2011 due to high school swim practice. Subject to change

### **Monday & Wednesday**

Adult swim 5:30AM - 3:00PM  
Open lap swim (Deep end) 5:30AM - 7:00AM  
Open swim (Monday) 7:30PM - 8:30PM  
Open swim (Wednesday) 6:30PM - 8:00PM  
Adult swim (Monday) 8:30PM - 9:20PM (doors close at 9:25 PM)  
Adult swim (Wednesday) 8:00PM - 9:20PM (doors close at 9:25 PM)

### **Tuesday & Thursday**

Adult swim 5:30AM - 3:00PM  
Open lap swim (Deep end) 5:30AM - 7:00AM  
Open swim 6:00PM - 7:00PM (9/20-11/23)  
Open swim 7:00PM - 8:00PM (11/29-3/10)  
Open swim 5:00PM - 6:00PM (3/15-6/17)  
Adult swim 8:00 PM - 9:00PM (shallow end)  
Adult swim 9:00PM - 9:20PM (doors close at 9:25 PM)

### **Friday**

Adult swim 5:30AM - 3:00PM  
Open lap swim (Deep end) 5:30AM - 7:00AM  
Open swim 6:00PM - 8:00PM  
Adult swim 8:00PM - 9:20PM (doors close at 9:25 PM)

### **Saturday & Sunday**

Adult swim 7:00AM - 10:45AM (if no rental until 11:45AM)

Open swim 12:15PM - 2:45PM

*Therapeutic Pool open during Adult hours only*

---

All sessions are \$5.00 per person for age 18 and older, \$3.00 for ages 5 -17 and under 5 is free.

Monthly passes are available at the front desk.

Seniors in the exercise program (Tues/Thurs/Friday, 9:30 A.M., ) will pay \$3.00 per day without a pass.

Bathing attire is required.

(NO CUTOFFS, STREET CLOTHES, GYM ATTIRE OR T-SHIRTS)

No flotation devices. (i.e. bubbles, swimmies, float suits, life vests etc.)

Shoulder length hair must be tied up or under a swimming cap.

Everyone must shower before entering the pool.

In the event of lightning, everyone must exit pool until the storm passes.

Any child unaccompanied by an adult must swim two widths of the pool without stopping and tread water for one (1) minute before they are allowed to go in the water by themselves. THIS TEST WILL BE GIVEN AT EVERY VISIT TO THE POOL

McDermott Pool reserves the right to revoke the swim privileges of any and all individuals who do not comply with all rules and regulations stated on this flyer or above counter.

THIS SCHEDULE IS SUBJECT TO CHANGE WITH LITTLE OR NO NOTICE