

\$3.00 Suggested Donation

Pilgrim Café January 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>CLOSED</p>  <p>http://deccranike.net</p>	<p>3 Beef Barley Soup Meatloaf w/Gravy Mashed Potatoes Mixed Vegetables Chocolate Pudding Rye Bread <i>(Honey Ham & Cheese/Rye)</i></p>	<p>4 Pasta & Bean Soup Chicken Leg Quarter <u>RI Grown Baked Potato</u> w/Sour Cream California Blend Vegetables Diced Peaches Oatmeal Bread <i>(Egg Salad on Oatmeal Bread)</i></p>	<p>5 Split Pea Soup Baked Ham w/Pineapple Ring Mashed Sweet Potatoes Green Beans Sugar Cookies Roll <i>(Chicken Salad on Roll)</i></p>	<p>6 Clear Chowder Seafood Newburg Seasoned Brown Rice Capri Blend Vegetables Ice Cream Wheat Dinner Roll <i>(Pastrami & Swiss on a Roll)</i></p>
<p>9 Juice Turkey Chili w/Low Fat Cheese Corn Bread Seasoned Broccoli Spears Fruit Cocktail <i>(Hamburger on a Bun)</i></p>	<p>10 Tomato Vegetable Soup Chicken w/Artichokes/ Roasted Peppers in Lemon Sauce Mashed Potatoes Tomato Half Pudding Pumpernickel Bread <i>(Italian Tuna / Pumpernickel)</i></p>	<p>11 Chicken Soup w/Anci de pepe Kielbasa w/Mustard Boiled Potatoes Carrot & Cabbage Mix Jello Wheat Bread <i>(Sliced Chicken w/Cheese on Wheat)</i></p>	<p>12 Red Chowder Country Crisp Fish w/Tartar Rice Pilaf Scandinavian Blend Vegetables Brownie Marble Bread <i>(Meatloaf on Marble)</i></p>	<p>13 Chicken Escarole Soup Chicken Fried Steak w/ Country Gravy Whipped Potatoes Baby Whole Carrots Fresh Fruit Rye Bread <i>(Tuna on Rye)</i></p>
<p>16</p> <p>CLOSED</p> <p><i>Martin Luther King Jr. Day</i></p> 	<p>17 Egg Drop Soup Orange Glazed Chicken Fried Rice Vegetable Egg Roll Ice Cream Marble Bread <i>(Egg Salad on Marble)</i></p>	<p>18 100% Orange Juice Baked Ham Cheese Omelet w/Tomato Slice Crispy Cube Potatoes Fruited Yogurt <i>(Turkey on 9 Grain w/ side salad of lettuce and tomato-Italian)</i></p>	<p>19 Happy Birthday Tomato Soup w/Brown Rice Airline Chicken Red Bliss Mashed Potatoes Green Beans Frosted Cupcake Wheat Bread <i>(Tuna on Wheat)</i></p>	<p>20 Corn Chowder Stuffed Sole w/Scallops & Clams Oven Roasted Potatoes Broccoli Slaw Sliced Pears Dinner Roll <i>(Italian Grinder)</i></p>
<p>23 Onion Soup w/Croutons Shepherds Pie w/Ketchup Prince Edward Blend Vegetables Italian Ice Garlic Roll <i>(Turkey Meatloaf on Wheat)</i></p>	<p>24 Lentil Soup Stuffed Pork Chop w/ Applesauce Ratatouille (Diced Eggplant, & Tom) Mandarin Oranges Dinner Roll <i>(Shrimp Salad on a Roll)</i></p>	<p>25 Chicken Soup Liver & Onions w/Gravy <u>RI Oven Roasted Potatoes</u> Mixed Vegetables Fresh Fruit Pumpernickel Bread <i>(Chicken Salad on Pumpernickel)</i></p>	<p>26 Kale & Bean Soup American Chop Suey Whole Wheat Elbow Pasta Broccoli Cuts Butterscotch Pudding Rye Bread <i>(Ham Salad on Rye)</i></p>	<p>27 White Chowder Pub Burger w/ au jus Macaroni and Cheese Carrot Slaw Sour Cream Coffee Cake Wheat Bread <i>(Hot Dog on Bun w/ cond.)</i></p>
<p>30 Beef Noodle Soup Herb Roasted Grilled Chicken Rice Pilaf Brussel Sprouts Sliced Peaches Oatmeal Bread <i>(Tuna on Oatmeal)</i></p>	<p>31 Vegetable Soup Turkey Meatloaf w/ Cranberry Chutney Mashed Potato Green Beans Shortbread Cookies Marble Bread <i>(Corned Beef & Swiss/Marble)</i></p>	<p>Funded in part by the U.S. Administration on Aging and State funds through the RI Division of Elderly Affairs</p> <p><i>All menu items may contain nuts, seeds, beans and wheat bran + other allergens</i></p>	<p>Thank you for your donations! Your donations help keep the program going.</p> <p>Farm Fresh RI</p> <p>Harvest of the Month</p> <p>Potatoes are featured on the 4th and the 25th</p>	<p>Salad of the Month</p> <p>Tuna- Tomato Cucumber-Croutons Lettuce Bed Light Italian Dressing</p>