

# Pilgrim Senior Center Café March 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Salad Option</b> Iceberg Lettuce- Cucumber Tomato-Olives Grilled Chicken Light Italian Dressing <u>Beginning</u> Monday, March 7, 2016</p>	<p><b>1</b> Turkey Rice Soup <b>Veal Parmesan</b> Seasoned Pasta Italian Blend Vegetables Fresh Fruit Sliced Italian Bread <i>(Meatloaf w/ketchup on Italian)</i></p>	<p><b>2</b> Beef Barley Soup <b>Chicken Leg Quarter</b> Oven Roasted Potatoes Wax Beans w/Pimentos Butterscotch Pudding Marble Bread <i>(Seafood Salad on Marble)</i></p>	<p><b>3</b> Tomato &amp; Rice Soup <b>Shepherd's Pie w/Ketchup</b> Mixed Vegetables Garlic Bread Diced Peaches <i>(Chicken Salad on a Roll)</i></p>	<p><b>4</b> Vegetable Soup <b>Crab Cake w/Tartar Sauce</b> Seasoned Rice Broccoli Slaw Chocolate Chip Cookies Wheat Dinner Roll <i>(Ham Salad on a Roll)</i></p>
<p><b>7</b> Chili Soup <b>Knockwurst w/Mustard</b> Boiled Potatoes Asparagus Grinder Roll Mandarin Oranges <i>(Chicken Loaf w/Mayo on Roll)</i></p>	<p><b>8</b> Chicken Soup w/Anci di Pepe <b>Pork Loin w/Gravy</b> Stuffing Mixed Vegetables Lemon Pudding Multi Grain Bread <i>(Egg Salad on Multi Grain)</i></p>	<p><b>9</b> Venus de Milo Soup <b>Marinated Grilled Chicken</b> Peppers &amp; Onions Mashed Potatoes Ice Cream Rye Bread <i>(Tuna on Rye)</i></p>	<p><b>10</b> Chicken Rice Soup <b>French Meat Turnover w/ Ketchup</b> Brussel Sprouts Baked Lays Chips Fresh Fruit Oatmeal Bread <i>(Turkey &amp; Cheese on Oatmeal)</i></p>	<p><b>11</b> White Chowder <b>Tuna on Croissant</b> Pasta Salad Marinated Beets &amp; Onions Tapioca Pudding <i>(Honey Ham &amp; Cheese on Croissant)</i></p>
<p><b>14</b> Chicken Noodle Soup <b>Sloppy Joe on Wheat Hamburg Roll</b> Potato Log Mixed Vegetables Pear Half <i>(Shrimp Salad on a Roll)</i></p>	<p><b>15</b> Lentil Soup <b>Chicken Cordon Bleu w/Gravy</b> Zucchini Rice Pilaf Pudding Wheat Bread <i>(Bologna &amp; Cheese on Wheat)</i></p>	<p><b>16</b> Beef Vegetable Soup <b>Unbreaded Veal w/Mushroom Gravy</b> Seasoned Spinach Fresh Fruit Pumpnickel Bread <i>(Chicken Salad on Pumpnickel)</i></p>	<p><b>17</b> <u>St. Patrick's Day</u> Split Pea Soup <b>Corned Beef w/Mustard</b> Seasoned Boiled potatoes Cabbage &amp; Carrot Medley Frosted Cupcake Rye Bread <i>(Tuna on Rye)</i></p>	<p><b>18</b> <u>St. Joseph's Day</u> Pasta Fagioli <b>Italian Sausage on a Roll</b> Seasoned Shells Peppers &amp; Onions Spumoni Ice Cream <i>(Egg Salad on a Roll)</i></p>
<p><b>21</b> Onion Soup w/Croutons <b>Salisbury Steak w/Gravy</b> Mashed Potatoes California Blend Vegetables Peanut Butter Cookies Wheat Bread <i>(Creamy Chicken Salad)</i></p>	<p><b>22</b> Beef Gumbo Soup <b>Italian Style Chicken Cutlet</b> Macaroni &amp; Cheese 3-Bean Salad Fruit Cocktail White Bread <i>(Hot Dog on Bun w/Condiments)</i></p>	<p><b>23</b> Egg Drop Soup <b>Pulled Pork on a Roll</b> Baked Beans Cole Slaw Apple Sauce <i>(Turkey &amp; Cheese on a Roll)</i></p>	<p><b>24</b> Chicken Soup w/Egg Flakes <b>Turkey w/Gravy</b> Apple Cornbread Stuffing Sliced Carrots Hoodsie Cup Marble Bread <i>(Ham &amp; Cheese on Marble)</i></p>	<p><b>25</b> <b>SERVED @ 10:45</b> Cream of Broccoli Soup <b>10 Grain Breaded Baked Fish</b> Red Bliss Mashed Potatoes Capri Blend Vegetables Fresh Fruit, Wheat Bread <i>(Meatloaf w/Ketchup on Wheat)</i></p>
<p><b>28</b> Lentil Soup <b>Baked Ham w/Pineapple/ Cherry Glaze</b> Sweet Potatoes Green Beans Coffee Cake Dinner Roll <i>(Roast Beef on a Bulky Roll)</i></p>	<p><b>29</b> Tossed Salad w/Dressing <b>Beef Stroganoff</b> Buttered Noodles Sliced Carrots Fresh Fruit Rye Bread <i>(Italian Tuna on Rye)</i></p>	<p><b>30</b> Minestrone Soup <b>Stuffed Chicken w/Broccoli/ Cheese/Gravy</b> Rice Pilaf Mixed Vegetables Lemon Pudding Pumpnickel Bread <i>(Seafood Salad on Pumpnickel)</i></p>	<p><b>31</b> Chicken Soup w/egg barley <b>Liver and Onions</b> Mashed Potatoes Broccoli Apricot Half Roll <i>(Italian Grinder)</i></p>	<p><b>Contact Blackstone Health Inc for concerns regarding Food Allergies. Thank you for your donations! Checks can be made out to Blackstone Health, Inc. Your donations help keep the program going!</b></p> <p><b>Funded in part by the U.S. Administration on Aging and State funds through the RI Division of Elderly Affairs.</b></p>

**\$3.00 Suggested Donation**