

# Pilgrim Senior Center Café Menu November 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Pasta & Bean Soup <b>Swedish Meatballs</b> Buttered Noodles Green Beans Rye Bread Fresh RI Grown Apple <i>(Shrimp Salad on Rye)</i>	<b>3</b> Chicken Escarole Soup <b>Chef Salad</b> (Turkey, Ham, Egg, Cheese) Garlic Bread Lemon Pudding <i>(Hot Dog on a Roll w/ condiments &amp; Chips)</i>	<b>4</b> Lentil Soup <b>Roast Pork w/ Gravy</b> Oven Roasted Potatoes Mixed Vegetables Apple Sauce Multi Grain Bread Hoosdie Cup <i>(Tuna on Multi Grain)</i>	<b>5</b> Chili Soup <b>Meatloaf w/Gravy</b> Mashed Potatoes Sliced Carrots Jell-O Snowflake Roll <i>(Italian Grinder)</i>	<b>6</b> White Chowder <b>Fish Sandwich w/Tartar Sauce on Wheat Roll</b> Crispy Cubes Broccoli Cuts Coffee Cake <i>(Honey Ham/Swiss/wheat roll)</i>
<b>9</b> Split Pea Soup <b>Kielbasa w/Mustard</b> Boiled Potatoes Carrot & Cabbage Mix Apricot Half Rye Bread <i>(Seafood Salad on Rye)</i>	<b>10</b> Veteran's Day Celebration Beef Vegetable Soup <b>Chicken Cordon Bleu/Gravy</b> Florentine Blend Vegetables Rice Pilaf Ice Cream Wheat Bread <i>(Roast Beef &amp; Cheese/Wheat)</i>	<b>11</b>  <p style="text-align: center;"><u>Closed</u> <b>Veteran's Day</b></p>	<b>12</b> Chicken & Rice Soup <b>Meatballs w/Sauce</b> Ziti w/Sauce Tossed Salad w/Dressing RI Grown Apple Crisp Italian Bread <i>(Egg Salad on Italian)</i>	<b>13</b> Minestrone Soup <b>Seafood Chow Mein</b> Crunchy Noodles Stir Fry Vegetables Tapioca Pudding Marble Bread <i>(Chicken Salad on Marble)</i>
<b>16</b> Onion Soup w/Crouton <b>Sloppy Joe on a Bun</b> Baked Lays Carrot Slaw Sliced Peaches <i>(Turkey &amp; Cheese on a Bun)</i>	<b>17</b> Venus De Milo Soup <b>Chicken Leg Quarter</b> Garlic Mashed Potatoes Asparagus Cuts Sherbet Multi Grain Bread <i>(Ham Salad on Multi Grain)</i>	<b>18</b> Orange Juice <b>Fruit Stuffed Pancakes (2)</b> Scrambled Eggs Baked Tomato Half Fresh Fruit  	<b>19</b> Kale & Bean Soup <b>Stuffed Pepper w/Sauce</b> Seasoned Ziti Winter Blend Vegetables Frosted Cup Cake Rye Bread <i>(Pastrami &amp; Cheese on Rye)</i>	<b>20</b> <u>Thanksgiving Dinner</u> Italian Wedding Soup <b>Roast Turkey Dinner w/Gravy</b> Cornbread Stuffing Seasoned Spinach Cranberry Sauce / Roll Pumpkin Pie <i>(Roast Beef on a Roll)</i>
<b>23</b> Vegetable Barley Soup <b>French Meat Pie w/ Ketchup</b> Brussel Sprouts Fruit Cocktail Pumpernickel Bread <i>(Tuna on Pumpernickel)</i>	<b>24</b> Tomato Soup <b>Low Sodium Hot Dog on a Roll w/condiments</b> Baked Mac & Cheese Cole Slaw Sports Bar <i>(Hamburger on a Roll w/cond)</i>	<b>25 BRUNCH 10:00</b> Orange Juice Scrambled eggs Ham Home fries Fruit cup	<b>26</b>  <p style="text-align: center;"><u>Closed</u> <b>Thanksgiving</b></p>	<b>27</b>  <p style="text-align: center;"><u>Closed</u> <b>Thanksgiving</b></p>
<b>30</b> Chicken Soup/Anci DiPepe <b>Liver and Onions w/Gravy</b> Mashed Potatoes Mixed Vegetables Oatmeal Bread Chocolate Chip Cookies <i>(Grilled Chicken / Oatmeal)</i>	<b>\$3.00 Suggested Donation</b> <b>Thank you for your donations! Your donations help keep the program going.</b>  All menu items may contain nuts, seeds, beans and wheat bran + other allergens		<u>SALAD FOR THE MONTH:</u> Iceberg Lettuce Cucumbers Tomatoes Hard Boiled Egg Cheddar Cheese Light Ranch Dressing	

