

Pilgrim Café Menu October 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Funded in part by the US administration on aging and state funds by the Rhode Island Department of Elderly Affairs.</i></p> <p>\$3.00 Suggested Donation</p>	 <p>SALAD FOR THE MONTH: Grilled Chicken Cucumbers Mandarin Oranges Crispy Noodles Ginger Sesame Dressing</p> 		<p>1 Beef Vegetable Soup Roast Turkey w/Gravy Mashed Potatoes Sliced Carrots Brownie Marble Bread (Tuna on Marble Bread) </p>	<p>2 Onion Soup w/Crouton Veal Parmesan Seasoned Shells Italian Vegetables Lemon Pudding Sliced Italian Bread (Egg Salad on Italian) </p>
<p>5 Chicken Noodle Soup Liver & Onions w/Gravy Baked Potato Capri Blend Vegetables Sliced Peaches Rye Bread (Chicken Salad on Rye) </p>	<p>6 Juice Beef Stroganoff Buttered Noodles Scandinavian Blend Vegetables Shortbread Cookie Snowflake Roll (Salmon Salad on a Roll) </p>	<p>7 Tomato & Rice Soup Chicken Cordon Bleu w/Gravy Red Bliss Mashed Potatoes Broccoli Cuts Spumoni Ice Cream Wheat Bread (Meatloaf w/Ketchup on Wheat)</p>	<p>8 White Chowder Antipasto Salad (Lettuce with assortment of Meats and cheese in dressing) Tapioca Pudding Multi-Grain Bread (Pastrami & Swiss on Multi-Grain) with side salad)</p>	<p>9 Pasta & Bean Soup Meatball Sub on Grinder Roll Tomato & Cucumber Salad Fresh Fruit (Italian Grinder)</p>
<p>12 CLOSED COLUMBUS DAY</p>	<p>13 Venus Di Milo Soup Chicken Cacciatore Oven Roasted Potatoes Winter Blend Vegetables Pudding Oatmeal Bread  (Tuna on Oatmeal)</p>	<p>14 Lemonade Low Sodium Hot Dog on a Roll w/condiments Baked Beans  Asparagus  Sliced Pears (Hamburger on a Roll w/ Condiments) </p>	<p>15 HAPPY BIRTHDAY Chicken Soup w/Anci de Pepe American Chop Suey Elbow Pasta Brussel Sprouts Frosted Cupcake Roll  (Turkey & Cheese on a Croissant)</p>	<p>16 Red Chowder Country Crisp Fish w/Tartar Sauce Wild Rice Cole Slaw Hoodsie Cup Wheat Hamburg Roll  (Chicken Salad on Wheat Roll)</p>
<p>19 BRUNCH OJ Scrambled Eggs/Sliced Tom  Crispy Cubes Home Fries 2 Sausage Links Fresh Fruit cup</p>	<p>20 Vegetable Soup0 Fried Steak w/Country Gravy Mashed Potatoes Green beans Fruit Cocktail Multi-Grain Bread (Fresh Tomato & Mozzarella on Multi-Grain Bread) </p>	<p>21 Chicken Escarole Soup Baked Ham w /Glaze Rice Pilaf Carrot & Raisin Slaw Fresh Fruit Wheat Bread (Chicken Loaf on Wheat)</p>	<p>22 Lentil Soup Stuffed Pork Chop w/ Applesauce Ratatouille (baked diced eggplant & tomatoes) Mandarin Oranges Rye Bread (Shrimp Salad on Rye)</p>	<p>23 Minestrone Soup Grilled Chicken  Caesar Salad (romaine/croutons & grated parmesan cheese) Coffee Cake Pumpnickel Bread (Corned Beef & Swiss on Pumpnickel w/small salad)</p>
<p>26 Potato and Leek Soup Stuffed Cabbage with sauce Seasoned Spinach Garlic Bread Vanilla Pudding (Bologna & Cheese w/must on Multi Grain)</p>	<p>27 Kale & Bean Soup Italian Sausage on a Roll w/ Peppers & Onions Steamed Zucchini Sports Bar (Chicken Sausage on a Roll) </p>	<p>28 Clear Chowder Crab Cake w/ Tartar Sauce Potato Log 3 Bean Salad Chocolate Chip Cookie Croissant (Chicken Salad on a Croissant) </p>	<p>29 Beef Barley Soup Stuffed Chicken w/Gravy Rice Pilaf California Blend Vegetables Fresh Fruit Wheat Bread (Italian Tuna on Wheat) </p>	<p>30 Goblin's Chicken Soup Raven's Beef, Mushrooms, Pearl Onions in Wine Sauce Biscuit Witch's Mixed Vegetables Pumpkin Patch Butterscotch Pudding (Scary Seafood Salad)</p>